



Elmtree Echo

Issue 39



Respect - Ambitious - Curious - Resilient - Inclusive



A Message from Mrs Ohene

Dear Parents and Carers,

Final Newsletter of 2025–2026 – Issue 40!

Can you believe it? This is our 40th newsletter of the year – 40 weeks filled with updates, ideas, inspiration, and ways to stay connected as a community. Thank you for joining us on this journey and for being such an important part of all we've achieved together.

As the school year comes to a close, we say a fond farewell to our wonderful Year 2 children. They've been incredible role models—kind, enthusiastic, and full of spirit—and we're so proud of each and every one of them. We know they'll continue to shine as they take their next steps into junior school and beyond.

We're also waving goodbye to the amazing Mrs Stringer, who is retiring after an incredible 13 years with us. She's been a cherished part of our school family, and we wish her all the very best as she steps into this exciting new chapter filled with adventures, memories to be made, and dreams to chase.

As summer begins, we hope you all enjoy a safe, restful, and joy-filled break. We've popped a few ideas for fun activities and ways to stay active in this edition—something for everyone to enjoy together. And don't forget to check out local events happening in the community over the holidays!

Thank you once again for your support this year. We can't wait to see you again in the autumn.

With warmest wishes,

Elmtree Infant and Nursery School

July 2025



Important Dates & Events



Elmtree Infant School - Term Dates & key Events



→ Key Dates

Friday 5th September— Reception, Year 1 and 2 return.

Monday 8th September— Nursery to return

● Important Reminders

- Please book school lunches via ParentPay.
- If you would like to volunteer for Wild Woods or Reading please do let the office know.

📌 Stay Updated!

Keep an eye on our **school website** and **social media pages** for any last-minute changes or additional events.

Website: www.elmtreeschoolandnursery.co.uk

Contact: Office@elm.odbst.org / 01494 771474

THREE WEEK MENU

SPRING/SUMMER 2025



Our new menu chosen by
parents and children –
Your favourites
available every day



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

W/C: 25/08/2025, 15/09/2025, 06/10/2025, 27/10/2025

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese & Tomato Pizza 	Halal BBQ Chicken Torino 	Roast Chicken with New Potatoes & Gravy	Classic Beef Burger in a Bun	Battered Fish & Chips
	OR					
	OPTION 2	New Chinese Vegetable & Chick Pea Curry & Rice 	Macaroni Cheese 	Quorn Sausages with New Potatoes & Gravy 	Quorn Burger in a Bun 	Veggie Fingers with Chips
OR						
OPTION 3	Jacket Potato with Cheese & Baked Beans 	Jacket Potato with Cheese & Baked Beans 	Halal Roast Chicken with New Potatoes 	Halal Beef Burger in a Bun 	Jacket Potato with Cheese & Baked Beans 	

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

DELI DISHES	OPTION 4	Ham Sandwich	Ham Sandwich	Jacket Potato with Tuna Mayonnaise & Baked Beans	Jacket Potato with Cheese & Baked Beans 	Ham Sandwich
	OR					
OPTION 5	Cheese Sandwich 	Cheese Sandwich 	Cheese or Ham Sandwich Cheese or Ham Sandwich	Cheese or Ham Sandwich Cheese or Ham Sandwich	Cheese Sandwich 	

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT	Smooth Fruit Yoghurt with Watermelon	Chocolate Cookie	Fruit of the Forest Jelly	Strawberry Mousse	Fruity Friday
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BAKED POTATOES SERVED DAILY

With a choice of toppings



AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

Vegetarian Vegan Oily Fish Wholegrain Fruity! Nutritionist's Choice Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for

WEEK 2

W/C: 01/09/2025, 22/09/2025, 13/10/2025

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese & Tomato Pizza V 🍷	Italian Chicken with Rice	Roast Chicken with New Potatoes & Gravy	Beef Bolognese Pasta Bake	Fish Fingers Served with Chips 🐟
		OR	OR	OR	OR	OR
	OPTION 2	Vegetable Balls in a Tomato Sauce with Rice V	Macaroni Cheese V	Cheese and Onion Pasty with New Potatoes V	Vegetable Chili and Rice V	Vegetable Quorn Dippers with Chips V
	OR	OR	OR	OR	OR	
OPTION 3	Jacket Potato with Cheese & Baked Beans V	Halal Italian Chicken with Rice H	Halal Roast Chicken with Roast Potatoes and Gravy H	Halal BBQ Chicken Torino H	Jacket Potato with Cheese & Baked Beans V	

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

DELI DISHES	OPTION 4	Ham Sandwich	Jacket Potato with Cheese & Baked Beans V	Jacket Potato with Tuna & Salmon Mayonnaise & Baked Beans OR	Jacket Potato with Cheese & Baked Beans V	Ham Sandwich
		OR	OR	OR	OR	OR
OPTION 5	Cheese Sandwich V 🍷	Cheese or Ham Sandwich Cheese or Ham Sandwich	Cheese or Ham Sandwich Cheese or Ham Sandwich	Cheese or Ham Sandwich Cheese or Ham Sandwich	Cheese or Ham Sandwich Cheese or Ham Sandwich	Cheese Sandwich V 🍷

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT	Smooth Fruit Yoghurt with Watermelon V	Orange Jelly V V	Lemon Cookie V	New Strawberry Artic Roll V	Fruity Friday V
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BAKED POTATOES SERVED DAILY

With a choice of toppings V 🍷



AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

V Vegetarian V^e Vegan 🐟 Oily Fish 🍷 Wholegrain 🍏 Fruity! ❤️ Nutritionist's Choice H Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for

WEEK 3

W/C: 08/09/2025, 29/09/2025, 20/10/2025

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese & Tomato Pizza V 🌾	BBQ Chicken Melt with Rice	Theme Day Roast Chicken, Yorkshire Pudding with Roast Potatoes and Gravy	Chicken Tikka and Rice	Fish Fingers & Mashed Potatoes
	OPTION 2	New Vegetable Pasta Bake V	New Cauliflower Cheese with Diced Potatoes V	Theme Day Quorn Roast Sausages, Yorkshire Pudding with Roast Potatoes and Gravy V	New Vegetable Cowboy Pasta Bake V	Vegetable Balls with Mashed Potatoes V
	OPTION 3	Jacket Potato with Cheese & Baked Beans V	Halal BBQ Chicken H	Theme Day - Halal Roast Chicken with Yorkshire Pudding Roast Potatoes and Gravy H	Halal Chicken Tikka with Rice H	Jacket Potato with Cheese & Baked Beans V

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

DELI DISHES	OPTION 4	Ham Sandwich	Jacket Potato with Cheese & Baked Beans V	Jacket Potato with Tuna Mayonnaise & Baked Beans	Jacket Potato with Cheese & Baked Beans V	Ham Sandwich
	OPTION 5	Cheese Sandwich V 🌾	Cheese or Ham Sandwich Cheese or Ham Sandwich	Cheese or Ham Sandwich Cheese or Ham Sandwich	Cheese or Ham Sandwich Cheese or Ham Sandwich	Cheese Sandwich V 🌾

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT	Smooth Fruit Yoghurt with Watermelon V	Oatie Cookie	Chocolate Mousse V	Strawberry Jelly V V	Fruity Friday with Ice Cream V V
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BAKED POTATOES SERVED DAILY

With a choice of toppings V 🌾



AVAILABLE DAILY

Fresh fruit, salad, yoghurt and water

V Vegetarian **VE** Vegan Oily Fish Wholegrain Fruity! Nutritionist's Choice **H** Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for



Hold hands on short walks

Read a story together, even just one page



Draw or color side by side



Sit outside and watch the sky or bugs



Talk about their favorite part of the day

Tiny ways to connect daily



Make a little snack together

@theleafyearth



Let them help with simple chores

Look in their eyes when they talk



End the day with a long goodnight cuddle

Sit beside them while they play



what's *fit activity* FOR kids **your name!**

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

A jump up & down 10 times

B spin around in a circle 5 times

C hop on one foot 5 times

D run to the nearest door and run back

E walk like a bear for a count of 5

F do 3 cartwheels

G do 10 jumping jacks

H hop like a frog 8 times

I balance on your left foot for a count of 10

J balance on your right foot for a count of 10

K march like a toy soldier for a count of 12

L pretend to jump rope for a count of 20

M do 3 somersaults

N pick up a ball without using your hands

O walk backwards 50 steps and skip back

P walk sideways 20 steps and hop back

Q crawl like a crab for a count of 10

R walk like a bear for a count of 5

S bend down and touch your toes 20 times

T pretend to pedal a bike with your hands for a count of 17

U roll a ball using only your head

V flap your arms like a bird 25 times

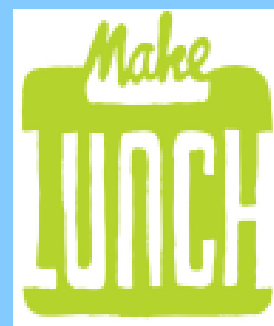
W pretend to ride a horse for a count of 15

X try and touch the clouds for a count of 15

Y walk on your knees for a count of 10

Z do 10 push-ups

Meet & Eat



Meet & Eat, Chesham Free Family Lunch Club

Sponsored by MakeLunch

Open Tuesday & Thursday during the summer holidays from
11.30am to 1.15pm. Lunch served at 12.30.

On the following dates:

July: 24th, 29th & 31st

August: 5th 7th 12th 14th 19th 21st

United Reformed Church, The Broadway, Chesham, HP5 1BX



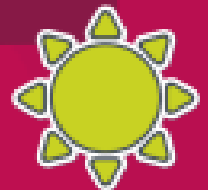
Take the pressure off this holiday and come along to Meet and Eat in Chesham. We are **free** and open to families in and around Chesham who would like a healthy hot meal and a place to relax during the holidays, with activities for children. Perhaps you're feeling a little isolated, trying to manage on a tight budget and the kids are bored and you have another day to fill, then come along and join in.

URC, The Broadway, Chesham, HP5 1BX
Www.cheshamurc.org.uk rosemary@cheshamurc.org.uk
07939 668271



PREMIER HOLIDAY CLUBS

more fun, more friendships, more smiles
DURING THE SUMMER HOLIDAYS!

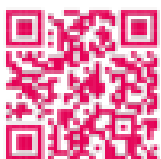


SPORTS
HOCKEY
ROUNDERS
BASKETBALL
TENNIS
GYMNASTICS

ADVENTURE
FENCING
ORIENTEERING
ARCHERY
DEN BUILDING
OBSTACLE COURSE

ENRICHMENT
CRAFTS
PAINTING
EDIBLE ART
YOGA
DANCE

SPECIAL EVENTS ARE AVAILABLE THROUGHOUT THE SUMMER.
FOLLOW OUR SOCIALS, @PREMEDCHILTERNS FOR ALL UPDATES



Book today
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Education

